



STEM Stories: Who championed you?

An evening of speed mentorship, film, and inspiration.

#sciencegrll

Wednesday 30th July 2014

18:15 – 20:00

AGENDA

Venue

Starcount Office
7th Floor, 50 Broadway, St James' Park
London SW1H 0RG

Programme

- 18:15 – 18:30 – Arrival and refreshments
- 18:30 – 18:45 – Introduction to the What I See Project by Edwina Dunn
- 18:45 – 19:15 – Speed mentoring session
- 19:15 – 20:00 – Networking and photography of 'STEM stories: who championed you?'

About the event

The What I See Project, ScienceGrrl and the Girls' Network are pleased to present an evening that celebrates inspiring women. What I See is a global collection of women's stories that explores female potential through film. ScienceGrrl is a network of female scientists, engineers and STEM-lovers who want to breakdown stereotypes about STEM by showcasing real people's stories. The Girls' Network is a charity working to mentor young women from low-income backgrounds, and supporting them to raise their aspirations. Together we want to celebrate female STEM role models, and use film to connect and inspire the next generation of young women to learn more STEM skills and fulfil their potential.

Mentorship Session

In order to celebrate women in STEM and highlight the importance of championing other women, we will be holding a speed mentoring session with leading female figures in a diverse range of STEM careers. At the end of the session, there will be a networking opportunity for you to connect to these amazing and inspirational women:

Mentor	Organisation	Title
Edwina Dunn	Starcount	Director
Katherine Mathieson	British Science Association	Director of Programmes
Amy Maclaren	British Science Association	Director of Development & Communications



Dr Amanda Williams	UCL	Reader in Clinical Health Psychology
Dr Charlotte Bevan	Imperial College London	Reader in Molecular Oncology
Professor Val Curran	UCL	Professor of Psychopharmacology
Professor Jan Atkinson	UCL	Emeritus Professor of Psychology and Developmental Cognitive Neuroscience
Sue Ferns	Prospect	Director of Communications and Research
Rebecca Goldberg	Arup	Associate
Professor Alex Blakemore	Imperial College London	Professor of Human Molecular Genetics
Professor Dot Griffiths	Imperial College London	Professor of Human Resource Management & Provost's Envoy for Gender Equality
Dr Lindsay Keith	Refinery Productions	CEO
Dr Hilary Levers	Wellcome Trust	Head of Education and Learning
Professor Maggie Dallman	Imperial College London	Dean of the Faculty of Natural Sciences
Dr Priti Parikh	UCL	Lecturer in Civil, Environmental and Geomatic Engineering
Katherine Smith	Department for Business, Innovation and Skills	External Relations Team Leader

The Film Competition

The What I See Project is launching an international film competition on the theme of inspiring women. We are asking aspiring filmmakers around the world to submit short films that will inspire the next generation of young girls. The winning film will be awarded the first prize of £1,000. The winner will be chosen by a panel of expert judges including BAFTA-winning director Katharine English, *Powder Room* director MJ Delaney, and Artistic Director of the Southbank Centre, Jude Kelly. The deadline is 1st October 2014, and the best films will be showcased by What I See around the world.

ScienceGrrl and The Girls' Network invite you to partner with us and students aged 16+ years to create a film that will inspire. More details on the night!

Your Story: Who championed you?

Even the most successful women had someone championing them at some point in their career – someone that saw their potential. To celebrate the importance of women mentorship, we want to know who supported you. Write your story about a key female role model in your life – and add it to the What I See Project's collection of inspiring women.

You can tweet your champion using **#sciencegrrl** or have a photograph taken at the event with you holding up the name of a champion in your life or career and how they took a chance on you in your STEM career. We'll be tweeting the photos during the event - and blogging about them afterwards!

MENTOR BRIEFING

Who are the mentees?

The mentees are female ScienceGrrl members, all of whom are over 18 years old and at the early stages of their careers. They have been asked to think about an issue/challenge and choices that they would like to address within the context of their own priorities and aspirations in relation to education, careers and their personal development. We have sent them a list of your names and roles, if anyone has requested to speak to you specifically we will notify you both before the event. Otherwise, we'll let alchemy sort out the pairings on the night!

Some information about being a mentor

Speed mentoring is the process whereby one person helps another to explore solutions to any issue/challenge, or choices they need in their career. The mentoring allows time to reflect on them, and to explore options or opportunities. ScienceGrrl and The Girls' Network will be on hand to help if conversations become about anything that concerns you. If there is a topic you feel would be out of bounds for you, please let us know. Otherwise, we encourage conversations that could touch, not just on your career, but on all the experience you have to offer.

Follow up

The mentees are aware that there is no obligation for you to follow up or stay in touch after the session, although please feel free to share your contact details if you wish.

The session is confidential.

The aim of mentoring is to help the other person to:

- Further develop skills and confidence
- Explore another perspective on an issue or questions
- Become clearer about goals and empowered to pursue them
- Brainstorm ideas

Suggestions to encourage active listening:

- First quieten your own mind
- Be non-judgemental
- Help them to brainstorm ideas, including ones which may be slightly "off the wall"
- Paraphrasing is useful to show you have been listening and have understood
- Give feedback that is factual, specific and accurate

Remember that you are not expected to be an expert in every field or to solve problems. Speed mentoring is less about offering solutions or making judgements and more about creating a time and space for mentees to explore a problem, identify their own options and learn from your experiences in confidence.



Suggested structure for the 12 minute sessions (each mentor will take part in 3 sessions)

- Outline the present situation: "what things could be better/clearer/different?"
- What's a better situation "How would you like things to be/what are you looking for?"
- Possible routes for getting there "options/alternatives/consequences"
- Action Plan "What will you do and when?"

Next steps

We will be creating some films over the summer to enter into the What I See film competition, and become a template for co-created inspirational resources for young women. We will be looking for women to take part in the first 5 films, and there will be a chance to follow the progress of these, too.

Connect with ScienceGrrl, The Girls' Network and the What I See Project on Twitter, and share your STEM story using #sciencegrrl.

@Science_Grrl
www.sciencegrrl.co.uk

@TheGirlsNet
www.thegirlsnetwork.org.uk

@Whatiseeproject
www.whatiseeproject.com

With thanks to Jude Kelly and London Southbank Centre's [WOW Festival](#) for inspiring this speed mentoring session.